

What we know about e-cigarettes




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What is JUUL?

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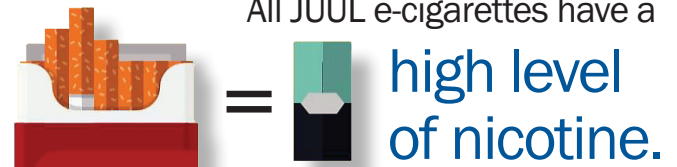
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JUUL's nicotine liquid refills are called "**pods.**" JUUL is available in several flavors such as Cool Cucumber, Fruit Medley, Mango, and Mint.



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What **parents** can do:

- Learn about different types of e-cigarettes and the risk for young people.
- Talk to their children about the risks.
- Set an expectation that their child remains nicotine free.
- Set a positive example by not smoking or vaping.

What **educators** can do:

- Learn about different types of e-cigarettes and the risks for young people.
- Implement and enforce e-cigarette/tobacco-free school policies including special events.
- Talk to students about e-cigarette/tobacco prevention.

What **health care providers** can do:

- Incorporate e-cigarette questions when using the 5A's method of tobacco intervention.
- Warn patients about the risks of all tobacco and e-cigarette products for young people.

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